

<http://www.leicestercity.nhs.uk/YourHealth-Updateonswineflu-Swinefluvaccination.cms>

Swine flu vaccination

Swine flu symptoms continue to be unpleasant but mild for most healthy people but for pregnant women and those with health problems they can be more severe. These at-risk groups are more likely to need hospitalisation for complications if they get the disease. Some cases have been fatal.

The swine flu vaccine has been delivered to GP surgeries and those who are eligible to receive the vaccine are advised to book their appointment as soon as they are invited by their GP.

The vaccine is the best way to protect against swine flu and to reduce the risk of passing it to others.

Vaccination is available to the following groups:-

Group 1: if you are six months of age or above and you have a long-term health condition such as chronic lung, heart, kidney or liver disease

Group 2: you are pregnant (the vaccine can be given at any stage of pregnancy)

Group 3: your immune system is compromised because of a disease or treatment for a disease

Group 4: you live in the same house as someone whose immune system is compromised

Group 5: a healthy child aged 6 months and up to five years (ie, still aged 4 by 31 December 2009)

If you (or your child) is eligible, you will be contacted by your GP or your local NHS and invited to a vaccination session.